



**Healthy Suffolk Coalition Meeting
October 19, 2017
Western Tidewater Health District
135 Hall Avenue, Suffolk, Virginia**

MINUTES

In Attendance:

Doug Naismith, Chair, Board of Directors	Healthy Suffolk
Regina Brayboy, Executive Director	Healthy Suffolk
Daniel Harrell, Communications & Outreach Manager	Healthy Suffolk
Ross Boone, Vice Chair	Healthy Suffolk
John Skirven, CEO	Senior Svcs Southeast VA
Robert E. Stephens, President/CEO, Genesis Development & Consulting	Healthy Suffolk
Robert C. Barclay IV, Attorney	Cooper, Spong, & Davis, P.C.
Dr. Christopher Wilson, Director	Western Tidewater Health Dist.
Chet Hart, Executive Director	Western Tidewater Free Clinic
Tracy Snipes, Executive Director/CEO	Suffolk Redevelopment & Housing Authority
Rev. Ruffin Alphin, Senior Pastor	Westminster Reformed Presbyterian Church
Les Hall, President	Allfirst LLC
Ross Butler, President	Wanchese Fish
Don Luzzatto, Vice President, Civic Engagement	Hampton Roads Community Foundation
Lisa Wright-Martin, FNP, Administrative Director, Community Health Ministry	Bon Secours Health System
Frank Poulin, Administrative Analyst	City of Suffolk
Diane Nelms, Program Manager	Obici Healthcare Foundation
Marissa Spady, East Region, Program Associate	No Kids Hungry Virginia
Luciano Ramos, Vice President, Programs & Integration	United Way South Hampton Roads
Lindsey Voter, Policy & Data Manager	United Way South Hampton Roads

I. Welcome, Introductions, and Background

Doug Naismith called the meeting to order and welcomed everyone. He welcomed new Coalition members and referred the group to the updated Coalition member listing in their packets.

Doug gave an overview of the purpose of the Healthy Suffolk Coalition: to develop strategies and policies that will address the social determinants of health in our community as they relate to healthy eating and active living. The goal is to identify two to three policy changes that, if implemented, would have a long term impact on the wellness and livability of our community. He indicated that the movement to improve the health of our communities and to achieve sustainable funding requires the establishment of coalitions such as ours. The Coalition will meet 4-6 times annually.

II. Discussion/Presentation Topics: Addressing Childhood Hunger; Regional Data Portal

Regina Brayboy gave an overview of where we are in the planning process for the Coalition. She stressed the importance of the Coalition having a grasp of current issues impacting our work. Two speakers were introduced to share their work with the group:

- Marissa Spady, East Region Program Associate, No Kids Hungry Virginia
- Luciano Ramos, Vice President Programs & Integration, United Way of South Hampton Roads

Marissa gave an overview of the No Kids Hungry Virginia initiative, providing information on school feeding programs that address the needs of food insecure children. This initiative is part of the First Lady of Virginia's effort to end childhood hunger. She narrowed her discussion to the opportunity to expand current summer feeding programs in Suffolk. Funding is available through the Department of Education to identify additional sites in Suffolk, particularly in the downtown area, Chuckatuck borough, and in Holland. She will be working with Healthy Suffolk and other partners to identify more site sponsors. She hopes to have a meeting in the coming months to begin planning for 2018.

Luciano introduced Lindsey Voter who will be overseeing the Greater Hampton Roads Connects project which includes health indicators for the region. He walked the group through the site emphasizing the robustness of the data and the opportunities for anyone to use it as a resource for program planning. He indicated that the major universities in the area are on board and assisting with the research. All data on the site is verified. The site includes both best practices, evidenced based practices, promising

practices, and 'good ideas'. The goal is for the site to have a global perspective, bringing together both national and international data. Healthy Suffolk has a link to the site on its portal and also is invited to create a tile which covers its activities so others can see what we are doing.

Regina encouraged members to visit both organization's websites for further information. She opened the meeting to questions and areas of follow up for our future work. She indicated as we move forward, we need to identify two-three policy areas where the Coalition can begin its deliberations in the healthy eating and active living space. It was recommended that we get a good handle on the food desert issue and overlay that with the medical issues that are presenting in those communities.

III. Wrap Up & Next Steps

Minutes will be prepared and distributed. They will be added to the portal once they are approved the group. The accompanying documents from today's meeting will be uploaded as well.

The group will be polled for an early 2018 meeting date. We expect to be well underway with Healthy Suffolk's strategic planning process and will be seeking input from the Coalition via survey and an invitation to a retreat, if one is scheduled.

The meeting adjourned.

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